

Tenth Sunday after Pentecost: Proper 13

August 1, 2021

Holy Eucharist 9:30^{AM}



St. John's Episcopal Church

8 Sunnyside Avenue, Pleasantville, NY 10570
(914) 769-0053 www.stjohnspleasantville.org

The Rev. Mary B. Gregorius, Rector

Artwork from the African American Community, Cultural, and Educational Society

AN INVITATION TO THIS SERVICE

This service is taken from the 1979 *Book of Common Prayer*. **Words printed in bold are spoken by the congregation.** All are welcome at Christ's table. We welcome baptized

Christians of any tradition to share in the bread and wine. If you have not yet been baptized, or would prefer to receive a blessing from the Priest, indicate this by crossing your arms over your heart.

THE HOLY EUCHARIST RITE II

PRELUDE

THE WORD OF GOD

✝ *Please stand as you are able and join in singing:*

OPENING HYMN #490

“I Want to Walk as a Child of the light”

The musical score is written on a single treble clef staff with a key signature of three flats (B-flat, E-flat, A-flat) and a common time signature. The melody is simple and hymn-like, with lyrics printed below the notes. There are four systems of music, each with three lines of lyrics. The first system has three lines of lyrics, the second and third have two lines each, and the fourth has three lines. The lyrics are: 1 I want to walk as a child of the light. 2 I want to see the bright-ness of God. 3 I'm look-ing for the com-ing of Christ. I want to fol-low Je-sus. I want to look at Je-sus. I want to be with Je-sus. God set the stars to give light to the world. The Clear sun of right-eous-ness, shine on my path, and When we have run with pa-tience the race, we star of my life is Je-sus. show me the way to the Fa-ther. shall know the joy of Je-sus.

Refrain

In him there is no dark - ness at all. The
 night and the day are both a - like. The
 Lamb is the light of the ci - ty of God. *rit.*
a tempo
 Shine in my heart, Lord Je - sus.

THE OPENING ACCLAMATION

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

GLORIA IN EXCELSIS

**Glory to God in the highest,
 and peace to his people on earth.
 Lord God, heavenly King,
 almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.
 Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,**

**you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

COLLECT OF THE DAY

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

✠ *Please be seated for The Lessons.*

A READING FROM THE HEBREW TESTAMENT

Exodus 16:2-4,9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

PSALM 78:23-29

**23 So God commanded the clouds above *
and opened the doors of heaven,
24 raining down manna upon them to eat *
and giving them grain from heaven.
25 So mortals ate the bread of angels; *
God provided for them food enough.
26 The Lord caused the east wind to blow in the heavens *
and powerfully led out the south wind,
27 raining down flesh upon them like dust *
and winged birds like the sand of the sea,
28 letting it fall in the midst of their camp *
and round about their dwellings.
29 So they ate and were well filled, *
for God gave them what they craved. .**

A READING FROM THE LETTER TO THE EPHESIANS 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive; he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the

unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

✠ *Please stand as you are able and join in singing:*

SEQUENCE HYMN MHSO #20

Celtic Alleluia

Al - le - lu - ia, al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia! _____

THE HOLY GOSPEL

John 6:24-35

Deacon: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them

bread from heaven to eat.” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Deacon: The Gospel of our Lord.

People: **Praise to you Lord Christ.**

✠ *Please be seated for:*

THE SERMON

The Rev. Mary B. Gregorius

✠ *Please stand as you are able and say:*

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE (FORM III)

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

We pray for all those suffering with COVID-19.

We pray for peace and unity among us as we seek a new way forward as people of faith.

We pray for our Nation may we work to build harmony.

We pray for those who are in the hospital or home recuperating, especially: **Bob Gowen, Yumi, Ronald Garvey, Max, Anne, Linda Hill, Cathy, Barbara, Hudson Beauregard,**

Ellie Ruvo, Natalie, and Anna Asatrian.

We pray for those who are homebound: **Esmerilda Hastings, Margaret Vaccaro, John & Lee Williams, Dorothy Dushin, Roberta Darrigrand; Jim, Marge, Joe Smith, Carolyn Damiano, Deanna Ammirato , and Bill & Dorothy D'Amato.**

We pray for those struggling with chronic illness, especially: **Liz & Jeff Daniele, Andrew Tom, Rebecca, Vince Servio, Sarah Paruolo, Annaliese Haag, Gerald, Marilyn Griffin, Joyce, Paul Ruvo, Helene, Jason, Peter, Hannelore, Carol White, Steven Schubert, and Jeff.**

We pray for **Edwin Sanchez and the students at El Hogar School, and the American Friends of the Episcopal Diocese of Jerusalem.**

We pray for those who have died, especially the over 600,000 in this country who have died from COVID-19

Officiant: Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. *Amen.*

CONFESSION OF SIN

Deacon: Let us confess our sins against God and our neighbor.

Silence

All: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Officiant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**

✠ *Please greet one another with:*

THE PEACE

Celebrant: The peace of the Lord be always with you.

People: **And also with you**

THE ANNOUNCEMENTS

THE HOLY COMMUNION

THE OFFERTORY SENTENCE

Celebrant: Walk in love, as Christ loved us and gave himself for us; an offering and a sacrifice to God

OFFERTORY HYMN #711

“Seek ye first”

Seek ye first
Scriptures for Singing

The musical score is written on two staves in G-flat major (two flats) and common time. The first staff contains the melody for the first line of the hymn, with lyrics: "1. Seek ye first the king - dom of God And His righ - teous - ness; And all these". The second staff continues the melody for the second line: "things shall be add - ed un - to you. Hal - le - lu, Hal - le - lu - - jah!". Chord symbols are placed above the notes: Eb, Bb/D, Cm, Eb/Eb, Ab, Eb/G, Fm, Eb7, Eb, Bb/D, Cm, Eb/Eb, Ab, Eb/G, Ab, Bb7, Eb7, Eb.

2. Ask, and it shall be given unto you;
Seek and ye shall find.
Knock and it shall be opened unto you.
Hallelu, Hallelujah!

DOXOLOGY

Old Hundredth

**Praise God, from whom all blessings flow.
Praise God, all creatures here below.
Praise God above, you heavenly host:
Praise Father, Son, and Holy Ghost.**

EUCHARISTIC PRAYER A

In this prayer, the lines in bold are spoken by the People.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise. 10

It is right, and a good and joyful thing, always and every-where to give thanks to you, Father Almighty, Creator of heaven and earth

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant Continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

Celebrant Continues

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

Celebrant: As our Savior Christ has taught us, we now pray:

All: Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

THE BREAKING OF THE BREAD

Celebrant: Alleluia! Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia!

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

✠ *Please join in singing:*

THE COMMUNION HYMN# 335 vs 1, 2, & 4

“I am the bread of life



1	I	am	the	bread	of	life;_____	they	who
2 (The)	Bread	that_____	I	will	give_____	is	my	
3 (Un-)	less_____			you	eat_____	of	the	
4	I	am	the	re - sur -	rec - tion,_____			
5 (Yes,)	Lord,_____	we	be -	lieve_____	that_____			



1	come	to	me	shall	not_____	hun - ger;_____	they	who	be -	
2	Flesh	for	the	life	of	the	world,_____	and	they	who
3	Flesh	of	the	Son	of_____	Man_____	and_____			
4	I_____	am	the_____	life._____		They	who	be -		
5	you_____	are	the_____	Christ,_____		the_____				



1 lieve in me shall not thirst. No one can come to
2 eat_____ of this bread, they shall live for
3 drink_____ of his Blood, you shall not have life with -
4 lieve_____ in me, e - ven___ if they
5 Son_____ of God who_____ has



1 me___ un - less the___ Fa - ther draw them.
2 ev - er._____ they shall live for ev - er.
3 in you. you shall not have life with - in you.
4 die,_____ they shall live for ev - er.
5 come___ in - to_____ the___ world.____



And I will raise them up, and I will raise them



And I will raise them up, and I will raise them



up, and I will raise them up on the



up, and I will raise them up on the

last day. 5 Yes, day.

last day. 2 The 3 Un- day. 4 — 5 Yes,

THE POST COMMUNION PRAYER

Celebrant: Let us pray.

All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.** *2 Corinthians 13:14*

✦ *Please join in singing:*

THE CLOSING HYMN #607

“O God of every nation”

1 O God of ev - ery na - tion, of ev - every, race and land,
 2 From search for wealth and pow - er and scorn of truth and right,
 3 Lord, strength-en all who la - bor that we may find re - lease
 4 Keep bright in us the vi - sion of days when war shall cease,

re - deem the whole cre - a - tion with your al - might - y hand;
 from trust in bombs that show - er de - struc-tion through the night,
 from fear of rat - tling sa - ber, from dread of war's in - crease;
 when ha - tred and di - vi - sion give way to love and peace,

where hate and fear di - vide us and bit - ter threats are hurled,
 from pride of race and na - tion and blind-ness to your way,
 when hope and cour - age fal - ter, your still small voice be heard;
 till dawns the morn-ing glo-rious when truth and jus - tice reign

in love and mer - cy guide us and heal our strife - torn world.
 de - liv - er ev - ery na - tion, e - ter - nal God, we pray!
 with faith that none can al - ter, your ser - vants un - der - gird.
 and Christ shall rule vic - to - rious o'er all the world's do - main.

THE DISMISSAL

Deacon: Alleluia, alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God. Alleluia, alleluia!**

POSTLUDE

STEWARDSHIP

Today is the Feast Day of Joseph of Arimathea, that devoted follower of Jesus who gave the tomb he had prepared for himself, that our Lord Jesus Christ might be laid to rest in a newly hewn tomb. An amazing gift of love. Imagine, giving up the security of knowing where you would spend eternity to another. May we too give to Jesus with such loving steadfastness.

VOLUNTEERS NEEDED!

How are you with a paint brush? Are you an organizer? Perhaps you are a gardener? A techie perhaps, who likes filming/videography? A knack for marketing/communications? Can manage a copier? Would your Spanish get you more than a cup of coffee? A numbers person, you say? Accounting whiz? Enjoy getting to know new folks?

Then St. John's needs your help!

Please contact Warden Matt Ruvo; mattsunset@yahoo.com or The Rev Mary B. Gregorius, mothermarystjohns@gmail.com to sign up to volunteer

ANNOUNCEMENTS

MY GUARDIAN AND ME ADVENTURE BIBLE CAMP—Looking for fun with the kids August 2-6? The people of Good Shepherd would like to invite families at St. Johns to join us! Daily outdoor adventures, come when you can. Contact Megan Whalen to register (bookkeeper@stjohnspleasantville.com).

BAPTISM: The beginning of our new life in Christ will be celebrated at St. John's Episcopal Church on Sunday September 12th, 2021. Please contact Mother Mary +for information

CONFIRMATION: Confirmation is when we celebrate the beginning of our adult journey with Jesus Christ. The Church takes preparation for this transition in our lives seriously. Classes will begin September 14th, 2021 for anyone 7th grade and above. Please contact Mother Mary+ for more information

TUESDAY MORNING PRAYER: Starting this week! As we begin to pick up our in office work schedules, please consider beginning your day in prayer together. ZOOM link in TW@SJ or [click here](#). Meeting ID 847 0590 3160

THURSDAY BIBLE STUDY: at 11am; ZOOM link in This Week @ St. John's. Please join us in wrestling with Paul's Letter to the Hebrews.

ST. JOHN'S STAFF:

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