

Eleventh Sunday after Pentecost: Proper 14

August 8, 2021

Holy Eucharist 9:30^{AM}



Manna from Heaven, Illustration in The Crusader Bible, France, Paris, 1240 © The Morgan Library & Museum, New York

St. John's Episcopal Church

8 Sunnyside Avenue, Pleasantville, NY 10570
(914) 769-0053 www.stjohnspleasantville.org

The Rev. Mary B. Gregorius, Rector

AN INVITATION TO THIS SERVICE

This service is taken from the *1979 Book of Common Prayer*. **Words printed in bold are spoken by the congregation.** All are welcome at Christ's table. We welcome baptized

Christians of any tradition to share in the bread and wine. If you have not yet been baptized, or would prefer to receive a blessing from the Priest, indicate this by crossing your arms over your heart.

THE HOLY EUCHARIST RITE II

PRELUDE

THE WORD OF GOD

✠ *Please stand as you are able and join in singing:*

OPENING HYMN LEVAS#219

“This is the Day”

1. This is the day, this is the day
that the Lord has made,
that the Lord has made;
we will rejoice,
we will rejoice and be glad in it,
and be glad in it.
This is the day that the Lord has made;
we will rejoice and be glad in it.
This is the day,
this is the day that the Lord has made.
2. This is the day.....that he rose again...
3. This is the day.....when the Spirit came....

THE OPENING ACCLAMATION

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,

that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

GLORIA IN EXCELSIS

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

COLLECT OF THE DAY

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

✠ *Please be seated for The Lessons.*

A READING FROM THE HEBREW TESTAMENT

1Kings 19:4-8

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for

I am no better than my ancestors.” Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, “Get up and eat.” He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, “Get up and eat, otherwise the journey will be too much for you.” He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Reader: Hear what the Spirit is saying to God’s people.

People: **Thanks be to God.**

PSALM 130

1 Out of the depths *
have I called you, O Lord;
2 Lord, hear my voice; *
let your ears consider well the voice of my supplication.
3 If you, Lord, were to note what is done amiss, *
O Lord, who could stand?
4 For there is forgiveness with you; *
therefore you shall be feared.
5 I wait for you, O Lord; my soul waits for you; *
in your word is my hope.
6 My soul waits for you, O Lord, *
more than sentinels for the morning,
more than sentinels for the morning.
7 O Israel, wait for the Lord, *
for with the Lord there is mercy;
8 with whom there is plenteous redemption, *
and who shall redeem Israel from all their sins.

A READING FROM THE LETTER TO THE EPHESIANS 4:25-5:2

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice,

and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

✦ *Please stand as you are able and join in singing:*

SEQUENCE HYMN MHSO #20

Celtic Alleluia

Al - le - lu - ia, al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia! _____

THE HOLY GOSPEL

John 6:35, 41-51

Deacon: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you Lord Christ.**

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Deacon: The Gospel of our Lord.

People: **Praise to you Lord Christ.**

✠ *Please be seated for:*

THE SERMON

The Rev. Mary B. Gregorius

✠ *Please stand as you are able and say:*

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

**Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE (FORM III)

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

We pray for all those suffering with COVID-19.

We pray for peace and unity among us as we seek a new way forward as people of faith.

We pray for our Nation may we work to build harmony.

We pray for those who are in the hospital or home recuperating, especially: **Bob Gowen, Yumi, Ronald Garvey, Max, Anne, Linda Hill, Cathy, Barbara, Howard Flemming, Hudson Beauregard; Ellie Ruvo, Natalie, Rosemary Recine, Donald B., Angela Carrozzo, and Anna Asatrian**

We pray for those who are homebound: **Esmerilda Hastings, Margaret Vaccaro, John & Lee Williams, Dorothy Dushin, Roberta Darrigrand; Jim, Marge, Joe Smith, Carolyn Damiano, Deanna Ammirato, and Bill & Dorothy D'Amato.**

We pray for those struggling with chronic illness, especially: **Liz & Jeff Daniele, Andrew Tom, Rebecca, Vince Servio, Sarah Paruolo, Annaliese Haag, Gerald, Marilyn Griffin, Joyce, Paul Ruvo, Helene, Jason, Peter, Hannelore, Carol White, Steven Schubert, and Jeff.**

We pray for **Edwin Sanchez and the students at El Hogar School, and the American Friends of the Episcopal Diocese of Jerusalem.**

We pray for those who have died, especially the over 609,000 in this country who have died from COVID-19

Officiant: Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. *Amen.*

CONFESSION OF SIN

Deacon: Let us confess our sins against God and our neighbor.

Silence

All: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Officiant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**

✠ *Please greet one another with:*

THE PEACE

Celebrant: The peace of the Lord be always with you.

People: **And also with you**

THE ANNOUNCEMENTS

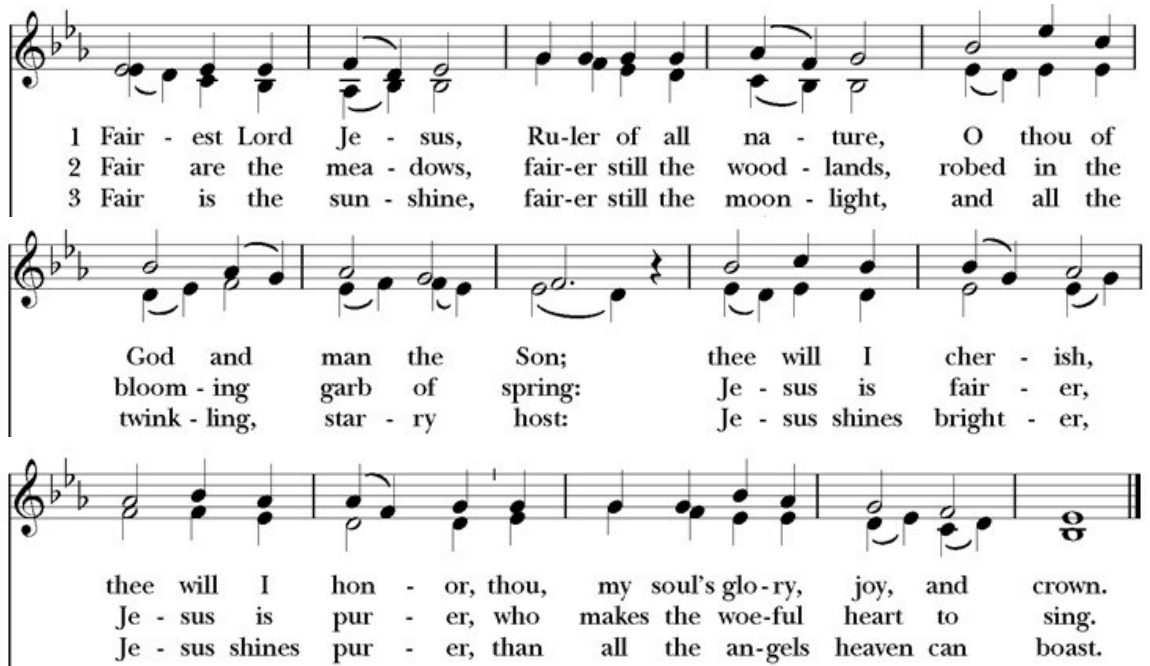
THE HOLY COMMUNION

THE OFFERTORY SENTENCE

Celebrant: Walk in love, as Christ loved us and gave himself for us; an offering and a sacrifice to God

OFFERTORY HYMN #383

“Fairest Lord Jesus”



1 Fair - est Lord Je - sus, Ru - ler of all na - ture, O thou of
2 Fair are the mea - dows, fair - er still the wood - lands, robed in the
3 Fair is the sun - shine, fair - er still the moon - light, and all the

God and man the Son; thee will I cher - ish,
bloom - ing garb of spring: Je - sus is fair - er,
twink - ling, star - ry host: Je - sus shines bright - er,

thee will I hon - or, thou, my soul's glo - ry, joy, and crown.
Je - sus is pur - er, who makes the woe - ful heart to sing.
Je - sus shines pur - er, than all the an - gels heaven can boast.

DOXOLOGY

Old Hundredth

Praise God, from whom all blessings flow.
Praise God, all creatures here below.
Praise God above, you heavenly host:
Praise Father, Son, and Holy Ghost.

EUCCHARISTIC PRAYER A

In this prayer, the lines in bold are spoken by the People.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

Priest inserts Proper Preface

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant Continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

Celebrant Continues

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

Celebrant: As our Savior Christ has taught us, we now pray:

All: Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

THE BREAKING OF THE BREAD

Celebrant: Alleluia! Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia!

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

✧ Please join in singing:

THE COMMUNION HYMN LEVAS #151

“One Bread One Body”

One bread, one bod-y,

one Lord of all, one cup of

bles - ing which we bless. And we, though

man - y, through-out the earth, We are one

Last time ⊕

bod - y in this one Lord.

1. Gen - tile or Jew, ser - vant or
2. Man - y the gifts, man - y the
3. Grain for the fields, scat - tered and

1. free, wom - an or man,
2. works, one in the Lord
3. grown, gath - ered to one

D.S.

1. — no more. _____ One
 2. — of all. _____ One
 3. — for all. _____ One

⊕ CODA

Lord. _____

THE POST COMMUNION PRAYER

Celebrant: Let us pray.

All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore . **Amen.** *2 Corinthians 13:14*

✘ *Please join in singing:*

THE CLOSING HYMN #410

“Praise my soul the king of heaven”

1 Praise, my soul, the King of heaven;
 to his feet thy tribute bring;
 ransomed, healed, restored, forgiven,
 evermore his praises sing:
 Alleluia, alleluia!
 Praise the everlasting King.

2 Praise him for his grace and favor
to his people in distress;
praise him still the same as ever,
slow to chide, and swift to bless.
Alleluia, alleluia!
Glorious in his faithfulness.

3 Father-like he tends and spares us;
well our feeble frame he knows;
in his hand he gently bears us,
rescues us from all our foes.
Alleluia, alleluia!
Widely yet his mercy flows.

4 Angels, help us to adore him;
you behold him face to face;
sun and moon, bow down before him,
dwellers all in time and space.
Alleluia, alleluia!
Praise with us the God of grace

THE DISMISSAL

Deacon: Alleluia, alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.

People: Thanks be to God. Alleluia, alleluia!

POSTLUDE

STEWARDSHIP

Our reading from Paul's Letter to the Ephesians instruct us in the manner with which we need to comport ourselves within a community. Paul teaches that to get along with one another, to build up the Body of Christ in which we live, through which we serve God, we need to train our snarky bits, our mean spirited bits, and our angry bits. That we must let go of our angst, and let God's love flow freely through us. Paul does not suggest we pretend we are neither offended or offensive in our turn, rather that we recognize, own, address and turn over to God those things we have done and ought not to have done.

This is good stewardship of our relationships, of ourselves, our spouses, our families and our community. Welcome to God's Counselling Clinic.



NEEDED!

Thrift Shop: The thrift shop is open Saturdays from 10-2. We are seeking volunteers for 2 hour shifts to help out our regular staff. Please consider helping out. We have had staff changes since Covid-19 and have a smaller pool to draw from. Here is a link to our updated [Sign Up Genius](#).

Bathroom Spruce Up: Are you handy with a paintbrush or roller? As we reopen our Parish Hall, the Men and Women's bathrooms could use a facelift. This would include sanding down and repainting the stalls. Let's give it a go, so when we've got to "go" the room is fresh and bright. Anyone interested, please contact Matt Ruvo Property Warden at mattsunset@yahoo.com

General Volunteers: Are you an organizer? Perhaps you are a gardener? A techie who likes filming/videography? A knack for marketing/communications? Can manage a copier? Would your Spanish get you more than a cup of coffee? A numbers person, you say? Accounting whiz? Enjoy getting to know new folks? Then St. John's needs your help! Please contact Warden Matt Ruvo; mattsunset@yahoo.com or The Rev Mary B. Gregorius, mothermarystjohns@gmail.com to sign up to volunteer

A-HOME NEEDS BACK TO SCHOOL GIFT CARDS FOR FAMILIES, PLEASE DONATE! They are requesting gift cards to Target, Staples or Visa. The gift cards allow the students to be involved by selecting their own backpack and other supplies. Please bring cards to church next Sunday the 15th and put in the Offering Plate or drop off at the Office before the 18th. **THANK YOU!!!!**

ANNOUNCEMENTS

BAPTISM: The beginning of our new life in Christ will be celebrated at St. John's Episcopal Church on Sunday September 12th, 2021. Please contact Mother Mary +for information

CONFIRMATION: Confirmation is when we celebrate the beginning of our adult journey with Jesus Christ. The Church takes preparation for this transition in our lives seriously. Classes will begin September 14th, 2021 for anyone 7th grade and above. Please contact Mother Mary+ for more information

TUESDAY MORNING PRAYER 8:00AM As we begin to pick up our in office work schedules, please consider beginning your day in prayer together. ZOOM link in TW@SJ or [click here](#). Meeting ID 847 0590 3160

THURSDAY BIBLE STUDY: NEW TIME 4pm; ZOOM link in This Week @ St. John's. Please join us in wrestling with Paul's Letter to the Hebrews.

ST. JOHN'S STAFF:

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Treasurer: Ken Foley foleyken6@gmail.com
Videographer Hal Gregorius Video Editor Raphael Wong
Cantor Angela Berg Web Master Jonathan Pytell
Vestry: Ken Foley, Laura Simpson, Jim Dirlam, Sarah Hoadley, Lynn Russell,
Joan Scire-Vitkevich, Philippa Seltzer-Muschko