

## Bible Story Cooking

### Noah's Ark – God's Rainbow

*Rainbows remind us of God's promise never to flood the whole earth again. God remembers his promises!*

#### Rainbow Fruit Salad in the Clouds

##### Supplies and Ingredients

*This serves 12 so adjust volume of fruits for your family!*

- A Cookie Sheet or Plate to make your rainbow on
- 6 Bowls one for each fruit
- Cutting board
- Knives for cutting with Adult Supervision
- Napkins
- Serving spatula or spoon
- Strawberries, 2 cups (480 ml)
- Cantaloupe, half melon
- Pineapple (1) or bananas (4)
- Green Grapes(20) or Kiwi (4)
- Blueberries, 1 cup (237 ml)
- Purple grapes (20 grapes)
- Whipped topping, 8 oz (227 ml)



##### Instructions

1. Wash hands then cover plate or tray with tin foil if desired
2. Cut Strawberries in half and place on the plate/tray as the outer arch of the rainbow. Be sure to make it large as the other arches will fill inside the first one. Ask your child - **What color are these strawberries?** (*red*) Tell your child - **Red reminds me of red ladybugs and cardinals that went into the ark.**
3. Cut or ball the melon and place it on the plate/tray as the second arch of the rainbow. Ask our child - **What color is this melon?** (*orange*) Tell your child - **Orange reminds me of the wood Noah used to build the ark. What does it remind you of?**
4. Cut the pineapple or banana and place on the third arch of the rainbow. Ask your child - **What is this fruit?** Tell your child – **Pineapples and bananas are yellow. Bananas remind me of monkey food!** Ask your child - **How much food do you think Noah took on the ark to feed the animals?**
5. Peel and cut the Kiwi (or grapes) and place it on the fourth arch of the rainbow. Ask your child - **What color is this kiwi (or grapes)?** (*green*) Tell your child - **Green reminds me of the vegetable plants Noah took on the ark to feed his family. It also reminds me of frogs!**
6. Place the blueberries on the fifth arch of the rainbow. Ask your child - **What color are blueberries?** (*blue*) Tell your child - **Blue reminds me of rain and water that flooded the earth while Noah was safe in the ark. What does blue remind you of?**
7. Place the grapes on the last arch of the rainbow. Ask your child - **What color are these grapes?** (*purple*) Tell your child - **Purple reminds me of beautiful flowers that began to grow after the flood was gone!**
8. Make some whipped topping clouds at the end of your rainbow if desired