

Cooking Activity

Baby Moses

Floating in the Nile

Supplies

- Mugs, glass or plastic, 1 per child
- Spoons, 1 per child
- Hot chocolate mix, 1 envelope per child
- Marshmallows, large, 1 per child
- Chocolate chips, 1 per child
- Larger chocolate pieces (snack size Hershey bar), individually wrapped, 1 per Child
- Warm Water or Milk (enough to fill every cup)
- Mini Cookies (Chips A Hoy, Nilla Waffer, Oreo, etc) 1 per Child

Activity Instructions

1. Give child(ren) one mug, one envelope of hot chocolate mix, one chocolate chip, one marshmallow, one piece of chocolate, one mini-cookie, and one spoon.
2. Have them pour the hot chocolate mix into their mugs. Then fill each child's cup with very warm water or milk up to about ½ inch (1½ cm) from the top. Have everyone mix the cocoa with a spoon, but don't drink it yet.
3. Say to your child(ren) **Let's imagine our hot chocolate is the Nile River. We are Moses' mom so we must make a basket that will take him safely down the river. Our basket must do what? (*float*) Let's look at these ingredients we have. What will safely float? Allow time for your child(ren) to guess which will float and which will not.**
4. Hold up a chocolate chip and ask your child(ren). **Do you think that the chocolate chip will float? Do you think that it will sink? Okay, let's see. Let's drop our chips into our cups. Did they float? (*no*)**
5. Hold up a small cookie and say. **We have to figure out what will float and what will not float. Let's try these small cookies. If we lay them gently on top of the hot chocolate, will they float? Do you think the cookie will float? Do you think the cookie will sink? Okay, let's see. Let's gently place a small cookie on top of the hot chocolate. Do they sink or float? (*float*) Now, let's wait another minute. What happens? (*They sink.*) Why do you think they sank? (*soaked up the liquid, got soggy, fell apart*)**
6. Hold up a Hershey Bar or larger piece of chocolate and say. **Let's unwrap our candy. Do you think this candy will float? Do you think it will sink? Okay, let's see. Gently place the candy on top of the chocolate . . . carefully! What happens? (*sinks*) Oh no, we still haven't found anything that floats!**
7. Hold up a marshmallow and say. **Do you think the marshmallow will sink? Do you think the marshmallow will float? Okay, let's see. Let's drop our marshmallows into our cups. Do they float? (*yes*) Let's see if they stay floating. Wait thirty seconds. Are they still floating? (*yes*) We've found something that floats!**

Baby Moses was kept safe in the basket that floated him down the river. Just as God kept Moses safe, God keeps us safe! Enjoy the hot chocolate!